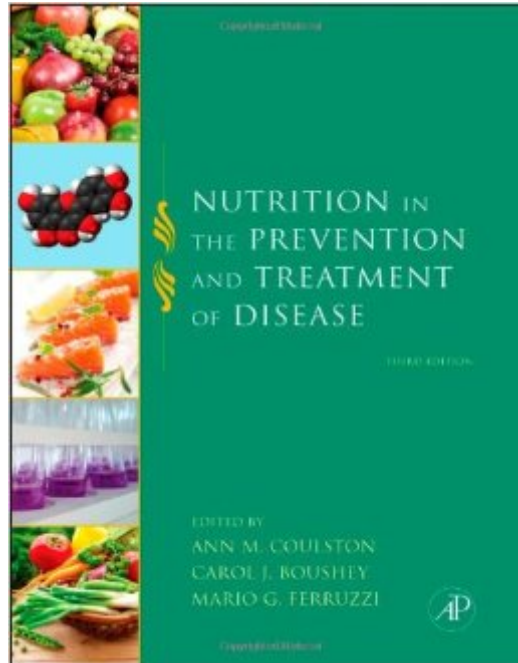


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Nutrition In The Prevention And Treatment Of Disease, Third Edition



Synopsis

Nutrition in the Prevention and Treatment of Disease has been proving itself in the classroom for nearly 10 years and is praised as being accessible, applicable and a valuable textbook. It focuses specifically on the relationship between disease and nutrition, an area of ever increasing interest and concern as health care costs and availability continue to be an issue worldwide. Now reaching beyond just the individual healthcare concern, the potential for nutritional interventions to improve health status is also of heightened interest to public health professionals who are faced with an aging, obese, at-risk-of-diabetes population who may or may not have access to insurance. This textbook is the foundation of understanding how nutrition can be used to improve health status. New to this edition: 100% overall new material. 26 new authors or co-authors and all chapters have been completed updated 4 completely new chapters: Surgery for Severe Obesity Snacking and Energy Balance in Humans Phytochemicals in the Prevention and Treatment of Obesity and Its Related Cancers Bioavailability and Metabolism of Bioactive Compounds from Foods

Book Information

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Customer Reviews

Not anything new for someone serious about nutrition- more an 'same old thinking' kind of textbook
- Nothing on working with genes/genetics to help clients-Very very dry and uninteresting-

The book addresses the major lifestyle diseases afflicting today's society and the impact of nutrition in prevention. Good reference book.

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